Summer Menu - week 1 and 2

1	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Savoury Crackers Quartered Grapes	Wholemeal Toast Blueberries	Crumpet Banana Slices	Wholemeal Pitta Slices with Houmous Melon Slices	Rice Cakes Apple slices
Lunch	Chicken Tagine With Cous Cous	Savoury Sausage Cassoulet	Spaghetti Bolognaise with Garlic Bread	Vegetable Curry with Rice & Naan Bread	Tuna Pasta Bake with Sweetcorn
Lunch Dessert	Strawberries with natural yoghurt	Bran Flakes with Apple Slices	Fromage Frais	Ice cream with homemade Summer berry coulis	Fruit Crumble with Natural Yogurt
Tea	Penne Pasta with Tomato & Herb Sauce	Fish Fingers with baked beans	Mixed bean chilli with pitta bread slices	Baked Beans on Toast	Cheese & Tomato Pizza with Cucumber Batons
Tea Dessert	Oat & Apple cookie	Quartered Grapes with Banana Slices	Herb Straws	Banana Bread Slices	Melon & Pear slices

2	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Buttered crumpets Apple slices	Buttered Crumpet Banana Slices	Wholemeal Toast Blueberries	Rice Cakes Quartered Grapes	Wholemeal Pitta with Houmous & Melon slices
Lunch	Fish Cakes with Mash Potatoes, Peas & Gravy	Beef chilli with rice and tortilla crisps	Chicken Tagine with Cous cous	Butternut Squash,Sweet Potato Curry with Rice & Naan	Fish fingers Potato Wedges & mixed vegetables
Lunch Dessert	Ice Cream with Summer Berry Coulis	Fromage Frais	Fruit Crumble with Natural Yogurt	Banana Bread Slices	Herb Straws
Tea	Tuna Mayo Sandwiches & Cucumber B atons	Cheese, Tomato Slices with Potato Wedges	Spaghetti Carbonara	Vegetable & Lentil Pinwheel with Mixed Vegetables & Gravy	Penne Pasta with Tomato & Herb Sauce
Tea Dessert	Peaches and Natural yogurt	Bran Flakes with Sultanas	Quartered Grapes with Banana Slices	Carrot Cookie	Banana & Yogurt Cake Slices

Summer Menu - week 3 and 4

3	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Savoury Crackers Apple slices	Wholemeal Buttered Toast Melon Slices	Rice Cakes Quartered Grapes	Crumpets Banana Slices	Wholemeal Pitta with Houmous Blueberries
Lunch	Tuna Pasta with Broccoli, Sweetcorn in Tomato & Herb Sauce	Cottage Pie with Root Vegetables	Vegetable Chilli with Rice & Tortillas	Roast Chicken Dinner	Fish Fingers, Mash, Peas & Gravy
Lunch Dessert	Yogurt & Banana Cake	Ice Cream with Summer Berry coulis	Fruit Crumble with natural yogurt	Strawberries & Banana	Bran Flakes & Pear Slices
Tea	Mixed Bean Chilli with Cous Cous	Penne Pasta with Tomato & Herb Sauce	Cheese & Tomato Pizza with Cucumber Batons	Baked Beans on Toast	Mushroom, Broccoli Spaghetti in Tomato & Herb Sauce
Tea Dessert	Carrot Cookie	Herb Straws	Fromage Frais	Oat & Apple Cookies	Banana Bread Slices

4	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Wholemeal Toast with Jam Banana Slices	Buttered Crackers Quartered Grapes	Crumpet Strawberries	Wholemeal Pitta with Houmous Apple slices	Rice Cakes Blueberries
Lunch	Fish Fingers, Mash, Peas & Gravy	Tomato & Herb Pasta Bake	Chicken Korma Curry with Rice & Naan	Beef Lasagne with Garlic Bread	Fishcakes with Parmentier Potatoes, Peas & Sweetcorn
Lunch Dessert	Herb Straws	Fruit Crumble with Natural Yogurt	Bran Flakes with Apple Slices	Ice Cream with Summer Berry Coulis	Strawberries Quartered Grapes
Tea	Baked Beans on Toast	Tuna, Mayo Sandwiches & Cucumber Batons	Cheese & Tomato Herb Slice with Potato Wedges	Mixed Bean Chilli with Pitta	Cheesy Potato Pie with Baked Beans
Tea Dessert	Oat & Apple Cookie	Banana & Yogurt Cake	Fromage Frais	Melon & Pear Slices	Carrot Cookies