



Allergies and Allergic reactions Policy

At Little Pips Nursery we recognise that some children may have allergies that can result in allergic reactions.

Little Pips Nursery is committed to child safety and this policy ensures all allergic reactions are minimised or, where possible, prevented and staff are fully aware of how to support a child who may be having an allergic reaction.

The aims of the policy:

- To prevent a child with a known food allergy displaying a severe reaction to a specific food while in nursery.
- To create an awareness of the action to take should any child display symptoms of a severe allergic reaction.

Requirements from parents at registration:

- ✓ Before starting at Little Pips Nursery, parents are required to share information regarding any known allergies with the room leader.
- ✓ **Information** regarding **known allergies** must be completed on the **'Health'** section on the **Famly app**.
- ✓ **Actions to be taken** in event of contact with a known allergen must also be completed on the **'Health'** section under **'Special Notes'**.
- ✓ **Any information regarding known allergies must be endorsed by a doctor or healthcare professional e.g. email or letter for the nursery to store on file with the child's records.**
- ✓ Information regarding known allergens and action to be taken in case of contact with the allergen must be shared with the room leader during the induction.
- ✓ **A Medical Care Plan** may be created where a **severe allergy is recorded**. This will give further details of **the allergen, the possible reaction and treatment if exposed to the allergen**. It will also outline **how the allergen can be avoided**.
- ✓ Any **changes to allergies** or action to be taken must be **shared with the nursery manager** in writing. Records will be updated accordingly. Parents will be prompted at set times throughout the year to check all information is up to date.

Health Details		Edit
Allergy	Peanuts, Kiwi	
Tolerates Penicillin	Unknown	
Special Dietary Considerations	-	
Vaccines	-	
Special Notes	Anaphylactic reaction to peanuts- epipen provided see care plan for a suspected reaction in 'Notes' tab. Mild reaction to kiwi- no care plan required, but is not to be given kiwi.	

Medical Care Plan for known Allergens			
Name of Child:	Date of plan creation:		
Allergen	Possible reaction	Treatment in case of reaction	How to avoid the allergen
Parent Name:	Parent signature:	Room Leader signature:	Room Leader signature:



Actions to be taken by the nursery:

- Known allergens for new children will be shared by the room leader with the **Senior team** (Manager and Deputy Manager) and the **cook** as well as all **staff in the room** in the form of information recorded under **'Health Details' on Family** or a **Medical Care Plan** where required.
- The known allergens will be added to the **Allergen Record**, a copy of which is kept in the office and in the kitchen as well as in each relevant room.
- No food can be brought into nursery from home** as all food bought for nursery is carefully controlled and analysed for allergens.
- A **place mat** will be created for the child, stating the allergens which cannot be given to the child. This will be used at all food times.
- Seating** will be carefully considered to minimise the possibility of a child accessing a known allergen on another child's plate.
- Records** will be **updated with any changes by parents on Family** and they will also **send a message to the manager** informing them of these changes.
- Any **medicine required will be stored** in accordance with our **nursery medicine policy alongside a copy of the medical care plan**.
- Staff will receive training to recognise the possible signs and symptoms** of an allergic reaction, so they are able to **respond in the event of an unknown or first reaction in a child**. These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth, tongue or neck, chest, wheezing or anaphylaxis.
- All **food prepared** for a child with a specific allergy will be **prepared separately** in the kitchen by the cook, **reducing the chances of cross contamination**. The equipment and utensils used will not come in contact with specific food types, e.g. dairy.
- The cook is **trained in the recognition of allergens** in foods. This includes acknowledging any **allergens listed as specific ingredients** in food in the ingredients list. The **cook will not use ingredients** where specific allergens are **listed in the ingredients list** on any package.
- Many foodstuffs now carry a statement stating that they **'may contain' specific allergens** or are **'made in a factory' which may produce specific allergens**. **We refer to the specific allergen listed on ingredients and we cannot guarantee that some foodstuffs are not made in the same factory ('may contain' specific allergens)**.
- If a child has an allergic reaction to food, a bee or wasp sting, a plant, etc., a **first aid trained member of staff** will act quickly and **administer the appropriate treatment** as necessary.
- If this reaction requires specialist treatment, e.g. an EpiPen, then at least **two members of staff working directly with the child** and the **Manager** will receive **specific medical training** to be able to administer the treatment to each individual child
- If the allergic **reaction is severe** a member of staff will **call an ambulance immediately**. We **WILL NOT** attempt to transport the sick/injured child in our own vehicle



- While waiting for the ambulance, we will **contact the parent/carer** and arrange for them to **meet us at the hospital**.
- Staff will follow the **emergency situation procedures** with all of the other children which includes calmly removing them from the area of the incident.
- Parents will be informed** of the incident and it will be **recorded in the incident file**.
- A review of the incident** will take place at **Senior Level** and in liaison with our **Health and Safety partners, Citation**.

Review date in line with all policies – April each year.
See main policy booklet for specific review dates.

